Exploring, developing and integrating wellbeing in every day museum practice

The task

Dream a museum with high levels of wellbeing using one or more of the 5 Ways to Wellbeing.

We've provided some prompts to get you thinking. Make some notes so you can feedback.

Connect

1. How and why has any specific activity enabled the museum to connect with the wider community and other agencies and what has this looked like?
2. How has specific activity enabled participants to connect with each other, elements of a collection and key themes or a place?

Be Active

1. What does an enabling environment look like in a museum? Effective signage, engaging labels reflecting different learning styles and perspectives, trails…accessibility.
2. How might you measure or what kinds of indicators reflect the different kinds and levels of activity for participants both during and after a project engagement?

Take Notice

1. How has museum activity contributed to participants being more aware of what is around them? And or understanding of place?
2. How does the museum understand and respond to its communities?

Keep Learning

1. How does the museum support learning and for whom? Or what kind of learning has been developed and delivered and why?
2. How has any learning been incorporated into organisational understanding and or development?

Give

1. How can activity help participants look out as well as in?
2. Have participants (and staff or volunteers) been inspired, encouraged or motivated to put something back into the museum and/or the wider community and if so in what ways?

Remember everything is connected!
Discuss and feedback.